

Jamie Marich, Ph.D., LPCC-S, LICDC-CS, REAT, RYT-500, RMT
The Institute for Creative Mindfulness , P.O. Box 8732 · Warren, OH 44484
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EDUCATION

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|---|------|
| Ph.D. in Human Services (Specialization in Counseling Studies) Dissertation- <i>EMDR in the Addiction Continuing Care Process: A Phenomenological Study of Women Treated in Early Recovery</i> Capella University, Minneapolis, MN | 2009 |
| M.A. in Counseling The Franciscan University of Steubenville, Steubenville, OH | 2005 |
| B.A. in History and American Studies, <i>summa cum laude</i> Youngstown State University, Youngstown, OH | 2000 |
| Diploma , the University of Zagreb Summer Language Institute Zagreb, Croatia | 1998 |

SPECIALIZED TRAINING & CERTIFICATIONS

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| Integrated Amrit Method Advanced Yoga & Yoga Nidra Training (300 hour) Amrit Yoga Institute, Salt Springs, FL | Completed 2/2020 |
| Integrated Amrit Method (I AM) Yoga Nidra Facilitator Training Amrit Yoga Institute, Salt Springs, FL | Completed 9/2019 |
| Integrated Amrit Method (I AM) Yoga Teacher Training (200 hour) Amrit Yoga Institute, Salt Springs, FL | Completed 7/2018 |
| International Expressive Arts Therapy Association (IEATA) Registered Expressive Arts Therapist (REAT) | Granted 6/23/2016 |
| Yoga of 12 Step Recovery Facilitator Training Nikki Myers & Shannon Dakin, Indianapolis, IN | Completed 7/2015 |
| Reiki Master Teacher Training (Usui Shiki Ryoho) Valerie Spitaler, RMT, Reiki Master, Poland, OH | Completed 6/19/2015 |
| StreetYoga Teacher Training StreetYoga, Portland, OR | Completed 7/13/2014 |

JourneyDance™ Teacher Trainings (Modules 1 & 2) 11/11 & 4/12
 Training Completed at the Kripalu Center for Yoga & Health, Stockbridge, MA

Certified Rational Living Hypnotherapist
 Institute for Rational Living, Weirton, WV 7/15/09

Introductory Disaster Thanatology Certificate
 Thanatological Education and Resource Center, Millington, MD 2/28/09

EMDR Certified Therapist/Approved Consultant/Training Provider
 Credentialed through the EMDR International Association, Austin, TX

Eye Movement Desensitization and Reprocessing (EMDR) Therapy Levels I & II
 EMDR Institute, Inc., Watsonville, CA Completed 12/3/2006

PROFESSIONAL EXPERIENCE & INTERNSHIPS

Mindful Ohio & The Institute for Creative Mindfulness (Founder) 2013-

- Clinical provider of mindfulness-informed psychotherapy, EMDR therapy intensives
- EMDR Therapy Basic Training Provider (EMDRIA-Approved): developed original curriculum compliant with EMDRIA standards, mentoring and licensing others in training and implementation of this curriculum; trainings presented in the continental U.S., Puerto Rico, and the United Arab Emirates; moved to online model for EMDR therapy training in 2020 due to COVID-19
- Developed Certificate of Expressive Arts Therapy program that participants working in the helping professions with a Master's degree can use to fulfill their educational requirement for the International Expressive Arts Therapy Association (IEATA) credentials
- Creator of Creative Mindfulness Media and Publishing, offering printed and video resources for human services professionals and clients/consumers
- Co-developer and co-facilitator of *Mindfulness Retreats* (2013); moved into role as primary facilitator of expressive arts-inspired retreats in both recovery and wellness in 2015
- Developer of *Dancing Mindfulness*, facilitator of group classes and individual intensives for wellness and/or clinical goals
- Developer of *Dancing Mindfulness* facilitator training intensives; offered in live settings since 2013 in the continental U.S., Puerto Rico, and the U.K.; moved to an online model in 2020 due to COVID-19
- Developed over 40 original continuing education courses, training workshops, and retreats delivered domestically and internationally

- Co-developer of the *Yoga Unchained* approach to trauma-informed recovery and certification program; Creator of the *Yoga for Clinicians* program for continuing education and development
- Provider of consultation services to other professionals (EMDR therapy, trauma-informed approaches, dissociation, public speaking/image consulting, *Dancing Mindfulness*, navigating the coming out process as a professional)
- Developed a full-scale resources website: www.traumamadesimple.com (contains complimentary videos, recordings, and popular press articles on trauma and recovery issues)

Professional Clinical Counselor

2008- 2013

- Staff Counselor at PsyCare, Inc. (Liberty, OH): Individual treatment and diagnosis of mental and emotional disorders, primarily specializing in the treatment of posttraumatic stress disorder, addictions, and spiritual issues

Counselor (Full-time)

2005-2008

Community Solutions Association, Warren, OH

- Developed and implemented two new treatment programs: Illness Management and Recovery Group for dual diagnosis clients and a 12-step Facilitation Program for clients referred by external sources
- Supervising/mentoring certified chemical dependency counselors and counselor assistants preparing for oral licensure examinations; developed and implemented an original study method
- Introduced EMDR as a treatment modality to the agency in 2006

Primary Care Counselor (Full-time)

March-December 2005

Glenbeigh Hospital of Rock Creek, Rock Creek, OH

Intern/ Chemical Dependency Counselor Assistant

August-September 2004

Neil Kennedy Recovery Clinic, Youngstown, OH

Intern/ Behavioral Counseling Technician

January-August 2004

Belmont Pines Hospital, Liberty, OH

- Developed a feelings group using music as a medium of expression with residential adolescents; directed two summer concerts performed by residents
- Experience implementing various behavioral modification techniques

OTHER TEACHING AND COACHING EXPERIENCE

Contributing Teacher

2015-2019

BodyBliss Connection (Howland, OH)

Combat Athlete Performance Academy (Howland, OH)

The Yoga Room (Warren, OH)

Contributing Professional Course Developer & Speaker

2008-

PESI, Inc.; Eau Claire, WI

CMI Educational Institute; Buffalo, NY/Eau Claire, WI

Contributing Faculty Member

2010-2012

Independent Adjunct Instructor

2008-2015

Upper Iowa University; Fayette, IA- undergraduate level

Walden University; Minneapolis, MN- graduate level

Ottawa University; Chandler, AZ- undergraduate level

Southern New Hampshire University; Manchester, NH- undergraduate level

University of the Rockies; San Diego, CA-graduate level

Argosy University (EDMC); Pittsburgh, PA-undergraduate level

Axia College (University of Phoenix)- undergraduate level

Assistant Speech Coach

2008-2011

Howland High School; Howland, OH

- Coached 7 state finalists, 4 national qualifiers, one national finalist, and one individual state champion; coaching staff member on the 2011 State Championship Team
- Coached 4 state finalists and 3 national qualifiers in the 2009-2010 season
- Coached 2 state finalists in 2009/Members of 2009 State Championship Team

Speech and Debate Head Coach

2003-2006

Chaney High School, Youngstown, OH

- Coached 2 state finalists and a national qualifier in 2006
- Coached a state champion, state runner-up, and national qualifier in 2005
- Coached a state finalist in 2004

Substitute Teacher

2003-2005

Youngstown City School District, Youngstown, OH

Humanitarian Worker

2001-2003

St. James Parish, Medjugorje, Bosnia-Herzegovina

- Taught English language, music, and basic computer skills at Mother's Village, a foster home operated by the parish
- Developed, implemented, and instructed a course in Croatian language for non-native speakers
- Text edited and translated print items and live events for the parish
- Directed English language liturgical music for the pilgrim shrine at St. James

Speech and Debate Coach

1998-2000

John F. Kennedy Catholic High School, Warren, OH

- Coached a national qualifier in 2000 as head coach; three students who experienced formation on this team went on to qualify to nationals in 2001, 2002, & 2003

Speech and Debate Assistant Coach

1997-1998

Woodrow Wilson High School, Youngstown, OH

CONFERENCE PRESENTATIONS

International-National

“Being ‘Out,’ Naked, and Vulnerable,” keynote plenary address at the 2021 Healing Together DID Conference- original plenary address moved online due to COVID-19, January 31, 2021

“Not So Straight Talk about DID,” panel presentation (participant) at the 2021 Healing Together DID Conference- original plenary address moved online due to COVID-19, January 31, 2021

“Bleeding All Over Each Other: The Risk and Contamination of Unhealed Trauma,” invited feature presentation at The Embodiment Summit (Online), October 18, 2020

“Healing the Wounds of Spiritual Abuse,” keynote plenary address at the Christian Feminism Today *Humble Gathering* Conference- original plenary address moved online due to COVID-19, August 16, 2020

“You Can’t Shut Down Trauma,” keynote plenary address at the National Conference on Addictive Disorders (NCAD) Virtual Conference- original plenary address moved online due to COVID-19, August 1, 2020

“Coming Out as an EMDR Therapist with a Dissociative Disorder: Implications for EMDR Therapy and Beyond,” workshop presented at the Healing Together Conference, Orlando, FL, February 8, 2020

“Demystifying and Humanizing Dissociation in EMDR Therapy Practice,” workshop presented at the EMDR International Association Annual Conference; Anaheim, CA, September 15, 2019

“Confessions of a Recovering Pro-Lifer,” workshop presented at Wild Goose Festival, Hot Springs, NC, July 12, 2019

“The Mindful EMDR Therapist” and “The Dancing Mindfulness Approach to Expressive Arts Therapy,” invited workshops presented at the annual Freud Meets Buddha Conference, Chicago, IL, March 6, 2019

“The Mindful EMDR Therapist,” workshop presentation (with Dr. Stephen Dansiger) at the EMDR International Association Annual Conference; Atlanta, GA, October 6, 2018

“Strategies for Working with Suicidal and High Risk Youth in the 21st Century,” featured panelist/guest speaker at the EMDR International Association Annual Conference; Atlanta, GA, October 6, 2018

“The Dancing Mindfulness Approach to Expressive Arts Therapy for Trauma-Focused Care,” featured workshop invited for presentation at International Expressive Arts Therapy Summit West; Los Angeles, CA, April 26, 2018

“Healing Shame with Expressive Arts Therapy,” keynote presentation and supplemental workshop presented at the Vendome Summit for Clinical Excellence, Atlanta, GA, October 14, 2017

“Bisexual Clients and Oppressive Cognitions,” workshop presented at the National Conference on Addictive Disorders; Baltimore, MD, August 17, 2017

“Dancing Mindfulness: Master Class and Facilitator Training Intensive,” feature workshop presented at the 2016 International Expressive Arts Therapy Summit; New York City, NY, November 10-11, 2016

“The Mindful Therapist as Agent of Change,” keynote address at the Lowcountry Mental Health Conference, Charleston, SC (July 28, 2016); conference participation also included supplementary Dancing Mindfulness instruction and designation as an interviewing panelist for Dr. Irvin Yalom

“Creativity and Trauma Recovery,” conference keynote presented at the Healing Trauma, Addictions, and Related Disorders National Conference (Jack Hirose and Associates); Toronto, Ontario, Canada (November 6, 2015); Winnipeg, Manitoba, Canada (November 20, 2015); Richmond, British Columbia, Canada (November 30, 2015); supplementary *Dancing Mindfulness* instruction also offered as a conference event

“Dancing Mindfulness: A Creative Path to Meditation, Healing, and Transformation,” workshop presented at the 2015 International Expressive Arts Therapy Summit; New York City, NY, November 7, 2015

“Healing Spiritual Abuse with EMDR Therapy,” workshop presented at the EMDR International Association Annual Conference, Philadelphia, PA, August 30, 2015

“Spiritual Abuse: The Missing Link in Recovery Services,” workshop presented at the National Conference on Addictive Disorders, St. Louis, MO, August 4, 2015

“The Resolution of Trauma,” talk given as part of the Recovery 2.0 International Online Conference, facilitated by Tommy Rosen, presented February 11, 2015

“Trauma and the 12 Steps: Clinical Keys for Enhancing Recovery Services,” workshop presented at the 3rd Evolution of Addiction Treatment Conference, Los Angeles, CA, February 7, 2015

“Dancing Mindfulness: A Trauma-Informed Practice for Healing the Brain Through Mindful Movement,” workshop presented at the International Society for the Study of Trauma and Dissociation (ISTSSD) Annual Meeting, Long Beach, CA, October 25, 2014

“Dancing Mindfulness: Insights for Enhancing Recovery Services,” workshop accepted for presentation at the NAADAC National Conference, Seattle, WA, September 30, 2014 (unable to attend due to personal commitments)

“Be Here Now: Enhancing Recover Services with Mindfulness-Informed Interventions,” workshop presented at the National Conference on Addictive Disorders, St. Louis, LO, August 24, 2014

“Trauma, EMDR, & Addiction: A Complete Course for Addictions,” special course commissioned and delivered for EMDR Brasil Winter Meeting, Brasilia, Brasil, July 25-27, 2014

“Dancing Mindfulness: A Community Practice for Facilitating Wellness,” workshop presented at the NAADAC National Conference, Atlanta, GA, October 13, 2013

“Dancing Mindfulness: A Gateway to Healing and Coping in the Recovery Process,” workshop presented at the National Conference of the American Mental Health Counselors Association, Washington, D.C., July 20, 2013

“Healing the Wounded Healers: Extending Trauma-Informed Care to a Traumatized Field” (with Dan Griffin), pre-conference workshop at the Evolution of Addiction Treatment Conference, Los Angeles, CA, February 7, 2013

“Dancing Mindfulness: Healing Trauma and Addiction with Spirituality and Dance,” workshop presentation at the NAADAC National Conference, Indianapolis, IN, August 13, 2012

“Beyond Client, Clinician, & Method: Enhancing Empathy in EMDR Therapists,” workshop presentation, EMDR Canada Annual Conference, Montreal, QB, Canada, April 28, 2012

“JourneyDance™: A Complete Experience in Bilateral Stimulation for EMDR Professionals,” workshop presentation, EMDR Canada Annual Conference, Montreal, QB, Canada, April 27, 2012

“JourneyDance™ and Therapeutic Movement: Implications for Healing Professionals,” workshop presentation, the Annual Conference for the Society of Humanistic Psychology (APA), Pittsburgh, PA, March 30, 2012

“Using EMDR as a Complement to 12-Step Recovery,” workshop presentation, EMDR International Association Annual Meeting, Minneapolis, MN, October 4, 2010

“Using EMDR to Overcome Roadblocks in Addiction Recovery: Clinical Applications Based on Phenomenological Inquiry,” workshop presentation, EMDR Canada Annual Conference, Toronto, Ontario, Canada, May 1, 2010

“Musical Interweaves in EMDR Treatment,” workshop presentation, EMDR Canada Annual Conference, Toronto, Ontario, Canada, May 1, 2010

“Using EMDR-Related Techniques in Crisis Intervention,” workshop presentation, Argosy University Sarasota’s Annual Symposium on Traumatic Stress, Sarasota, FL, February 2010

“Using EMDR to Overcome Roadblocks in Addiction Recovery: Insights from Phenomenological Inquiry,” workshop session, EMDR International Association Annual Conference, Atlanta, GA, August 27-29, 2009

“What Makes a Good EMDR Therapist?: Insights from Client-Centered Inquiry,” poster session, EMDR International Association Annual Conference, Atlanta, GA, August 27-29, 2009

“Using EMDR to Treat Co-Occurring Traumatic Stress and Substance Use Disorders,” workshop session, Argosy University Sarasota’s Annual Symposium on Traumatic Stress, Sarasota, FL, February 26-28, 2009

“Eye Movement Desensitization and Reprocessing (EMDR) in the Addiction Continuing Care Process: Case Study of a Cross-Addicted Female’s Treatment and Initial Recovery Experience,” poster session, September 12-14, 2008, EMDR International Association Annual Conference, Phoenix, AZ- **First Place Winner, Outstanding Research Poster**

“Perceptions of EMDR in the Clinical Setting: Case Study of a Northeastern Ohio Agency,” poster session, September 28-30, 2007, EMDR International Association Annual Conference, Dallas, TX

“Race Relations on the Silver Screen: An Examination of the Historical Roles of African Americans on Film, Phase II,” paper session, National Conference of the American Sociological Association in San Francisco, CA, August 1998

"A Generic Advantage?" Presented at the International Science and Engineering Fair in Tucson, AZ, May 1996

State

"Trauma and the 12 Steps: Clinical Keys for Recovery Enhancement," invited feature presentation, Indiana Association of Addiction Professionals Conference, online, April 23, 2021

"Trauma and Addiction: Mindful Pathways to Recovery," invited keynote presentation, University of Findlay/Hancock County Regional Conference, Findlay, OH, April 29, 2019

"Introduction to Expressive Arts Therapy: Addiction Healing Strategies," workshop presented at the Addiction Studies Institute, Columbus, OH, August 5, 2017

"The Recovery *Movement*: Dancing Mindfulness, Y12SR, and Yoga Unchained in the Recovery Process," workshop presented at the Addiction Studies Institute, Columbus, OH, July 22, 2016

"DBT & the 12 Steps: Complementary Recovery Paths," workshop presented (with Rachel Weaver) at the Addiction Studies Institute, Columbus, OH, August 11, 2015

"Spiritual Abuse: The Missing Link in Recovery Services," workshop presented at the Addiction Studies Institute, Columbus, OH, August 12, 2015

"Be Here Now: Mindfulness in the Treatment of Addictive Behaviors," workshop presented at the State of Ohio Problem Gambling Conference, March 5, 2015, Columbus, OH

"EMDR & Addiction: Update and Insights," conference workshop presented at the Addiction Studies Institute, August 7, 2014, Columbus, OH

"Live in the Now: Enhancing Recovery Services with Mindfulness, conference workshop presented at the Addiction Studies Institute, August 6, 2014, Columbus, OH

"From Trauma to Resilience: Dancing Mindfully into Living as a Dream Catcher, workshop presented (with Paschal Baute, Ed.D.) at the annual Ohio Psychological Association Union of Spirituality & Psychology Retreat, March 1, 2014, Loudonville, OH

"Healing Trauma and Stressor-Related Disorders Through Mindfulness," pre-conference workshop presented at the All-Ohio Counselors Conference, November 6, 2013, Columbus, OH

"Dancing Mindfulness: Implications for Creativity and Movement in the Counseling Arts," presented at the All-Ohio Counselors Conference, November 7, 2013, Columbus, OH

“Dancing Mindfulness: An Integrated Practice for Wellness,” workshop presented (with Abbey Carter Logan, MA, LPCC-S, CDCA) at the annual meeting of the Ohio Psychological Association, November 2, 2013, Columbus, OH

“Live in the Now: Mindfulness Basics for Enhancing Addiction Recovery,” presented at the Addiction Studies Institute, August 2, 2013, Columbus, OH

“Dancing Mindfulness: Healing with Movement and Spirit,” workshop presented at the Ohio Psychological Association’s Union of Psychology & Spirituality Retreat, March 23, 2013, Mt. Sterling, OH

“Trauma and The Twelve Steps: Clinical Keys for Recovery Enhancement,” presented at the All-Ohio Counselors Conference, November 1, 2012, Columbus, OH

“Dancing Mindfulness: Implications for Addiction Healing and Treatment,” presented at the Addiction Studies Institute, August 22-24, 2012, Columbus, OH

“Trauma-Sensitive Addiction Treatment Principles,” presented at the Addiction Studies Institute, August 22-24, 2012, Columbus, OH

“JourneyDance™: Implications for Healing Professionals,” workshop presentation, the Ohio Psychological Association’s Union of Psychology & Spirituality Retreat, March 3, 2012, Loudonville, OH

“Principles of Spiritual Abuse,” presented at the Ohio Psychological Association’s Union of Psychology & Spirituality Retreat, March 3, 2012, Loudonville, OH

“Trauma-Sensitive 12-Step Recovery,” workshop presentation at the Addiction Studies Institute, August 18, 2011, Columbus, OH

“Using EMDR to Overcome Roadblocks in Addiction Recovery: Insights from Phenomenological Inquiry,” workshop session at the All Ohio Counselors Conference, November 5, 2009, Columbus, OH

“EMDR: An Emerging Approach in the Treatment of Co-Occurring Addiction and Traumatic Stress,” workshop session at the Bridging the Gap to Recovery Services Conference, September 14, 2009, Cleveland, OH

“EMDR: An Emerging Approach in the Treatment of Co-Occurring Addiction and Traumatic Stress,” workshop session, Addiction Studies Institute, August 20, 2009, Columbus, OH

“EMDR in the Clinical Setting: Assessing Appropriateness for Referral or Collaboration,” workshop session, All Ohio Counselors Conference, November 5-7, 2008, Columbus, OH

“Efficacy and Effectiveness of Non-Steroidal Anti-Inflammatory Drugs: An Examination of Modern Trends in United States Figure Skaters.” Presented at the Ohio Science and Humanities Symposium in Toledo, OH, April 1997

Local

“Healing Trauma, Healing Community, Healing the World,” special talk presented at TEDx Youngstown, OH, January 23, 2015

“Trauma and Addiction,” workshop session at the Mahoning County Alcohol and Drug Addiction Services Board Drug Regional Summit, Youngstown, OH, November 13, 2009

“Is There Really Such a Thing as Sex Addiction?,” workshop session, Mahoning County Alcohol and Drug Addiction Services Board Drug Summit, Youngstown, OH, November 21, 2008

“The Immigrant Experience of Croatians in the Mahoning Valley,” lecture, presented at the monthly meeting of the Ohio Cultural Alliance, Youngstown, OH, December 6, 2004

“Nellie and Patsy in America: A Theatrical Exploration of Women in Baseball.” Presented at QUEST '99 Conference at Youngstown State University, April 1999- **Winner of the 1999 Dean’s Quest Award for Outstanding Research in the Arts & Sciences**

“Race Relations on the Silver Screen: An Examination of the Historical Roles of African Americans on Film, Phase I.” Presented at QUEST '98 Conference at Youngstown State University, April 1998- **Winner of the 1998 Dean’s Quest Award for Outstanding Research in the Arts & Sciences**

PUBLICATIONS & PRODUCTIONS

Books*

Marich, J. & Pirkl, A. (2022). *The healing power of jiu-jitsu: A guide to transforming trauma and facilitating recovery*. Berkeley, CA: North Atlantic Books.

Marich, J. & Dansiger, S. (2021). *Healing addiction with EMDR Therapy: A trauma-focused guide*. New York: Springer Publishing.

Marich, J. & Dansiger, S. (2020). *Trauma and the 12 steps: A trauma responsive step workbook*. Creative Mindfulness Media: Warren, OH

- Marich, J. & Dansiger, S. (2020). *Trauma and the 12 steps: Daily meditations and reflections*. Creative Mindfulness Media: Warren, OH
- Marich, J. (2020). *Trauma and the 12 steps: An inclusive guide to enhancing recovery* (Revised and expanded edition) Berkeley, CA: North Atlantic Books.
- Marich, J. (2019). *Process not perfection: Expressive arts solutions for trauma recovery*. Warren, OH: Creative Mindfulness Media.
- Marich, J. & Danisger, S. (2018). *EMDR therapy & mindfulness for trauma-focused care*. New York: Springer Publishing Company.
- Marich, J. (2015). *Dancing Mindfulness: A creative path to healing and transformation*. Woodstock, VT: SkyLight Paths Press.
- Marich, J. (2014). *Trauma made simple: Competencies in assessment, treatment, and working with survivors*. Eau Claire, WI: PESI Education & Media.
- Marich, J. (2013). *Creative mindfulness: 20+ strategies for wellness & recovery*. Warren, OH: Cornersburg Media/Mindful Ohio.
- Marich, J. (Ed.) (2013). *The psychology of women: Diverse perspectives from the modern world*. Hauppauge, NY: Nova Science Publishers.
- Marich, J. (2012). *Trauma and the twelve steps: A complete guide to enhancing recovery*. Warren, OH: Cornersburg Media.
- Marich, J. (2011). *EMDR made simple: 4 approaches for using EMDR with any client*. Eau Claire, WI: Premier Education & Media.
- Marich, J. (2010). *EMDR in addiction continuing care: A phenomenological study of women treated in early recovery*. Saarbrücken, Germany: VDM Verlag.

Book Chapters

- Marich, J. (2020). Forward writer for *Be Fulfilled Recovery Journal* (by Anna David and Tony Grebmeier). TAEO, LLC Publishing.
- Marich, J. (2020). In Youngstown, Speech is a Sport. In *Car Bombs to Cookie Tables: The Youngstown Anthology, 2nd ed.* Marino, J. (Ed.), Rust Belt Publishing.

Marich, J. (2017). Transforming life style with dancing mindfulness and the expressive arts (Adlerian intervention). In *Integrating the expressive arts into counseling practice: Theory-Based interventions*; pp. 24-25. Degges-White, S. & Davis, N. (Eds.), Springer Publishing.

Marich, J. (2016). EMDR therapy and the recovery community: Relational imperatives in treating addiction. In *Cultural competence and healing culturally based trauma with EMDR therapy: Innovative strategies and protocols*. Nickerson, M. (Ed.), Springer Publishing.

Marich, J. (2013). Using Eye Movement Desensitization and Reprocessing (EMDR) in Addiction Treatment with African American Women: A Case Series. In *The psychology of women: Diverse perspectives from the modern world*. J. Marich (Ed.), Nova Science Publishers.

Scholarly Articles

Marich, J., Dekker, D., Riley, M., & O'Brien, A. (2020). Qualitative research in EMDR therapy: Exploring the individual experience of *how* and *why*. *Journal of EMDR Practice and Research*, 14(3), 1-17.

Wise, A. & Marich, J. (2016). The perceived effects of standard and addiction-specific Eye Movement Desensitization and Reprocessing (EMDR) therapy protocols. *Journal of EMDR Practice and Research*, 10(4), 231-244.

Marich, J. & Howell, T. (2015). Dancing Mindfulness: A phenomenological investigation of the emerging practice. *Explore: The Journal of Science and Healing*, 11(5), 346-356.

Marich, J. (2012). What makes a good EMDR therapist?: Exploratory clients from client-centered inquiry. *Journal of Humanistic Psychology*, 52(4), 401-422.

Marich, J. (2010). EMDR in addiction continuing care: A phenomenological study of women in recovery. *Psychology of Addictive Behaviors*, 24(3), 498-507.

Marich, J. (2010). Review of *I Love a Man in Uniform*. *Journal of EMDR Practice and Research*, 4(2), 93.

Marich, J. (2009). EMDR in the addiction continuing care process: Case study of a cross-addicted female's treatment and recovery experience. *Journal of EMDR Practice and Research*, 3(2), 98-106.

Marich, J. (2009, April 30). Perceptions of EMDR Amongst Practicing Clinicians. *Ohio Journal of Professional Counseling*. Retrieved from <http://www.ohiocounseling.org/journalofprofessional.htm>

Other Journal Publications

Marich, J. (in press) A reading from the book of wisdom (poem). *Presence: The International Journal of Poetry*.

Online Articles, Featured Contribution, and Blogging

Comprehensive collection available at: <https://www.traumamadesimple.com/articles--interviews.html>

Documentaries & Media

Marich, J. (Co-Producer). *Garage* [Short Film] Directed by Aaron Sanders (2021).

Marich, J. (Co-Producer). *Silk* [Short Film] Directed by John Magaro (2020).

Marich, J. (Herself). *Stop, Breathe, Let Go* [Short Film] Directed by Tiffany Bellinger (2018).

Tabbara, K. (Producer) & Marich, J. (Director and Executive Producer) (2013) *Dancing Mindfulness: LIVE* [Educational Instruction Video]. Warren, OH: Mindful Ohio.

Curran, L. (Director). (2012). *EMDR & beyond: The trauma power therapies* [Educational Documentary]. United States: Premiere Education & Media.

- Dr. Marich is interviewed as a contributing expert.

Curran, L. (Director). (2012). *Trauma treatment for the 21st century* [Educational Documentary]. United States: Premiere Education & Media.

- Dr. Marich appears as one of 8 “master clinicians” in this documentary to discuss trauma treatment. Other panelists include Bessel van der Kolk, M.D., Stephen Porges, Ph.D., Robert Scaer, M.D., Peter Levine, Ph.D., Janina Fisher, Ph.D., Belleruth Naparstek, and Babette Rothschild

Curran, L. (Director). (2012). *Recommended trauma treatment modalities* [Educational Documentary]. United States: Premiere Education & Media.

- Dr. Marich appears as the EMDR expert in this video, along with Belleruth Naparstek and Janina Fisher, Ph.D. who discuss their primary modalities

Musical Recordings

Marich J. (Primary Artist). (2012). *Grace of a Woman* [Musical Sound Recording]. United States: Cornersburg Media.

Marich J. (Primary Artist). (2004). *Under my Roof* [Musical Sound Recording]. United States: Cornersburg Records.

Marich J. (Primary Artist). (2002). *Give us Your Peace* [Musical Sound Recording]. Bosnia-Herzegovina: 14-Step Productions.

ADVOCACY & COMMUNITY ACTIVITIES

Editorial board, *Journal of EMDR Practice and Research*, 2021-present; as needed peer reviewer since 2009

Council of Scholars (Clinical Work Group), EMDR International Association, April 2020-present

Board of Advisors, Healing Tree Non-Profit for Trauma Recovery, August 2016-present

Wisdom Council/Advisory Board Member, Abbey of the Arts, July 2016-present

Board of Directors, Take 12 Radio, February 2015- July 2015

Host, *Recovery Matters* talk radio program, VoiceAmerica Radio Network Health & Wellness Channel (www.voiceamerica.com), November 2010- February 2011

Follow-Up Consultant, EMDR Basic Training Workshops, offered through EMDR Humanitarian Assistance Programs: 20 volunteer groups offered to date

EMDRIA Regional Coordinator, Northeast Ohio, 2008-2009

Keynote Speaker, 2008 Sojourner House (Domestic Violence Shelter) Memorial Vigil

Logistics Coordinator, EMDR Basic Training Workshops, offered through EMDR Humanitarian Assistance Programs at Youngstown State University for local, non-profit clinicians: May 13-15, 2008; August 18-20, 2008; May 13-15, 2009; November 11-13, 2009

Capella University Ambassador, 2007-present

Challenge Master, Destination Imagination (gifted youth program) Region 1, 2008 Regional Tournament

LICENSURE

Professional Supervising Clinical Counselor (License #E.05000149-SUPV)

State of Ohio

Expires 1/18/2022

Licensed Independent Chemical Dependency Counselor-Supervisor (License #061001)

State of Ohio

Expires 7/1/2021

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

Organizational Member (Institute for Creative Mindfulness), International Expressive Arts Therapy Association, 2015-

Member & Organizational Member (Institute for Creative Mindfulness), NALGAP: The Association of Gay, Lesbian, Bisexual, and Transgender Addiction Professionals and Their Allies, 2015-

Associate Member, American Dance Therapy Association, 2012-2013

National Association of Alcohol, Drug Abuse, and Addiction Counselors, 2011-2014

The International Center for Clinical Excellence, 2010-present

Eye Movement Desensitization and Reprocessing International Association (EMDRIA), 2007-present

- Current professional level member
- EMDR Certified Therapist, Approved Consultant & Training Provider

American Academy of Experts in Traumatic Stress, 2008-2011

The American Counseling Association (ACA), 2005-2006; 2008-2010

The Ohio Counseling Association, 2008-

The National Forensic League, 1995-2006

The United States Figure Skating Association (USFSA), 1992-2000; 2010-2011

The University Scholars and Honors Program, 1997-2000

The Clarence P. Gould Society (equivalent of Phi Beta Kappa), inducted 1998

Phi Kappa Phi Honor Society, inducted 1998

Golden Key International Honor Society, inducted 1998

Phi Alpha Theta National History Honor Society, inducted 1998

The American Sociological Association, 1997-1998

The Ohio Academy of Science, 1995-1997

The Croatian Fraternal Union of America, 1979-present

AWARDS

EMDR International Association, Advocacy in EMDR Award, September 2019

NALGAP: The Association of Gay, Lesbian, Bisexual, Transgender Addiction Professionals and Their Allies, President's Award, August 2015

Outstanding Research Poster (1st Place Winner), EMDR International Association Annual Conference; Phoenix, AZ, September 2008

Dean's Quest Award for Outstanding Student Research in the Arts & Sciences, Youngstown State University, 1999

Dean's Quest Award for Outstanding Student Research in the Arts & Sciences, Youngstown State University, 1998

VOLUNTEER EXPERIENCE

- | | |
|---|-----------|
| Various organizations in Bosnia-Herzegovina | 2000-2003 |
| <ul style="list-style-type: none">• St. James Parish, Voluntary Optometric Services for Humanity, Listen4Life, Miracles | |
| The English Center, Youngstown, OH | 1997-1998 |
| <ul style="list-style-type: none">• Instructed basic English as a volunteer project | |
| North Junior High School Gifted and Talented Program, Youngstown, OH | 1997-1998 |
| <ul style="list-style-type: none">• Prepared eleven students for local and state history competitions | |

TECHNICAL & ARTISTIC SKILLS

- filmmaking, directing and editing skills (extensive presence on YouTube with teaching videos)
- computer skills (MS Office programs and basic web design)
- language experience (functional use of Croatian/Bosnian/Serbian languages in all media; rudimentary use of Spanish)
- musical composition (composed over 50 songs) and freelance performance, musical performance (guitar/violin/mandolin/Croatian folk instruments/vocal)
- liturgical music facilitator/cantor/song leader
- theater and performance (involvement with a variety of performing arts media since age 3, from Croatian folk ensemble, to full-scaled theatrical production; experience with directing, writing, producing, and composing)

REFERENCES AVAILABLE UPON REQUEST